



“A truly fine meal
is enjoyed not once
but three times;
in anticipation,
in consumption
and in remembrance.”

THE LAUGHING BUDDHA

Restaurant Quality Food To Your Doorstep

782 Wilmslow Road, Didsbury, Manchester. M20 2DR

0161 434 7688

Free delivery for orders over £15 & within a 2 mile radius

Orders under £15 will be subjected to a £2 delivery charge
& is up to the manager's discretion dependant on busier periods.
(Under £15 delivery orders not available weekends)

OPENING & DELIVERY TIMES

Monday - Thursday 5pm to 11pm
Delivery till 10.30pm

Friday - Saturday 5pm to 12am
Delivery till 11.00pm

Sunday 5pm to 10.30pm
Delivery till 10.15pm

www.thelaughingbuddhadidsbury.com

STARTER PLATTERS

Can't decide what to start with?

These platters are designed to give you a bit of variety but plenty of quality.

Laughing Buddha Platter (min 2 people) <i>Salt and pepper spare ribs</i> <i>Crispy chicken spring rolls</i> <i>Thai Fishcakes</i> <i>Skewered chicken in Malaysian peanut satay sauce</i> <i>Crispy seaweed</i>	£7.00 per person	Seafood Platter (min 2 people) <i>Crispy King Prawn Rolls</i> <i>Salt and pepper Squid</i> <i>Thai Fishcakes</i> <i>Minced King Prawns on Toast</i> <i>Crispy Seaweed</i>	£8.50 per person
Gourmet Platter (min 2 people) <i>Minced King prawns on Toast</i> <i>Honey glazed Barbecued Spare Ribs</i> <i>Crispy chicken spring rolls</i> <i>King prawn wontons</i> <i>Crispy seaweed</i>	£6.50 per person	Vegetarian Platter (single orders are welcome)  <i>Crispy Vegetable Spring Rolls</i> <i>Skewered Vegetarian Mock chicken in Malaysian peanut satay sauce</i> <i>Salt and Pepper Crispy Silken Tofu</i> <i>Crispy Seaweed</i>	£6.00 per person
		Simply Steaming Dim Sum Platter (min 2 people) <i>Har Kau</i> <i>Sui Mae</i> <i>Shanghai Pork Pies</i> <i>War Tip</i>	£6.20 per person

SOUP

Wonton Soup <i>King prawn and pork dumplings in a clear broth</i>	£4.20
Szechuan Hot and Sour Soup <i>Sweet and spicy infused broth with Chinese roast pork, prawns and mixed vegetables</i>	£3.60
Minced Chicken and Sweetcorn Soup	£3.60
Crabmeat and Sweetcorn Soup	£3.80
Seafood and Baby Spinach Soup	£4.80
Three Winter Soup  <i>Clear broth with Chinese mushrooms, bamboo shoots and mangetout</i>	£3.40
Sweetcorn and Egg Soup 	£3.40
Vegetarian Hot and Sour Soup 	£3.40
Thai Tom Yum Seafood Soup <i>Thailand's most famous spicy and sour soup</i>	£4.80
Thai Tom Yum Chicken Soup	£4.00

DIM SUM

Crispy Chicken Spring Rolls	£3.10
Crispy Vegetable Spring Rolls 	£3.00
Crispy Aromatic Duck Spring Rolls	£4.80
Crispy King Prawn Rolls	£3.50
King Prawn Wontons	£4.30
Curry Samosas	£2.80
Crispy Fun Gor <i>Deep fried pork dumplings</i>	£3.50
Grilled War Tip with ginger vinegar <i>Pork and chive dumplings</i>	£4.00
Shanghai Pork Pie <i>Steamed pork and vegetable dumplings</i>	£3.80
Har Kau <i>Steamed King Prawns in a white paper wrap</i>	£3.80
Sui Mae <i>Steamed pork and king prawn dumplings</i>	£3.60

APPETISERS

Crispy Seaweed topped with deep fried fish V	£3.50	Crispy Aromatic Duck	Quarter	£7.90
King Prawns on Toast with sesame seeds	£5.00	<i>Served with fresh cucumber, spring onions, pancakes and hoi-sin sauce</i>	Half	£15.50
Crispy Chicken Balls with Thai Chilli Sauce	£5.50	Crispy Aromatic Vegetarian Duck V	Quarter	£7.50
Buddha Fishcakes with Thai Chilli Sauce	£5.20	<i>Marinated soya based "mock" duck deep fried and served with fresh cucumber, spring onions, pancakes and hoi-sin sauce</i>	Half	£14.00
<i>Minced cod fillets with coriander, spring onions and runner beans</i>		Crispy Aromatic Lamb		£7.80
Buddha Crab Claws	£7.80	<i>Marinated New Zealand Lamb deep fried and shredded, served with cucumber, spring onions, pancakes and hoi-sin sauce</i>		
<i>Minced king prawns enveloping crab claws in a light crispy breadcrumb</i>		Malaysian Skewers		
Chicken Wings in Peking Sauce	£5.00	<i>Meat/Vegetables marinated in Lobo seasoning, grilled and served with a rich piquant Malaysian peanut satay sauce:</i>		
Thai Style Chicken Wings	£5.00	<i>Chicken Fillets</i>	£5.20	<i>King Prawns</i>
Chicken in Lettuce Wrap	£5.90	<i>Silken Tofu</i> V	£4.80	<i>Vegetarian "Mock" Chicken</i> V
<i>Minced chicken and vegetables topped with toasted vermicelli and served with fresh lettuce and hoi-sin sauce</i>				
Thai Style Chicken in Lettuce Wrap	£6.20			
Minced Vegetables in Lettuce Wrap V	£5.90			
Vietnamese Prawn Crackers	£2.00			
Stuffed Mushrooms	£6.20			
<i>Minced king prawns stuffed in mushrooms with garlic and chilli dressing</i>				
		Salt and Pepper Style		
		<i>Ground toasted black peppercorns, bell peppers, onions and fresh chilli, stir fried with:</i>		
		<i>Crispy Chicken</i>	£5.50	<i>King Prawns</i>
		<i>Spare Ribs</i>	£5.90	<i>Squid</i>
		<i>Crispy Silken Tofu</i> V	£4.80	<i>Vegetarian "Mock" Chicken</i> V
		<i>Chicken Wings</i>	£5.00	

SPARE RIBS

Barbecue Honey Glazed Spare Ribs	£5.90
Salt and Pepper Spare Ribs	£5.90
Peking Style Spare Ribs	£5.90
Thai Style Spare Ribs	£5.90
Szechuan Style Spare Ribs	£5.90

BUDDHA STIR FRIES

Please choose an option of meat, seafood or vegetarian,
followed by a Sauce Style for it to be cooked in

MEAT

Velveting Chicken Fillets <i>Or crispy chicken pieces</i>	£5.50	Crispy Shredded Beef	£5.90	Fillet Steak	£7.50
Char Siu Roast Pork <i>Or crispy pork</i>	£5.50	Roasted Canton Duck	£6.80	Mixed Meat <i>Chicken fillets, roast pork, king prawns</i>	£7.00
Garlic Marinated Beef	£5.50	New Zealand Lamb	£6.20		

VEGETARIAN

Mixed Vegetables V	£5.50
Vegetarian Mock Chicken V	£5.50
Crispy Silken Tofu V	£5.50
Vegetarian Mock Duck V	£5.80

SEAFOOD

Sea Champion King Prawns	£7.00
Sea King Scallops	£8.00
Fresh Squid	£6.50
Crispy Fillets of Cod	£6.20
Mixed Seafood <i>King prawns, fresh squid, scallops</i>	£7.20

SAUCE STYLES

Mixed Bell Peppers in Black Bean Sauce

The powerful savoury flavour of fermented black beans complimented with red and green peppers and garlic. Ask for extra red chillies to give an extra bite

Sweet and Sour Sauce

Marinated meat in a light batter, stir fried in this classic sauce

Yellow Bean Sauce

Crushed fermented soya beans with toasted cashew nuts

Black Pepper Sauce

Freshly ground black pepper is behind this hot sauce with bell peppers and spring onions

Thai Red Curry

Thailand's classic red curry with aubergines flavoured with red chillies, lime leaves, sweet basil in a succulent spicy red curry paste with coconut milk cream

Thai Green Curry

Thailand's famous green curry with aubergines, flavoured with green chillies, lime leaves, sweet basil all in a spicy green curry paste with coconut milk cream

Buddha Curry

Rich, mild oriental curry with strong essences of star aniseed and garlic

Garlic and Chilli Sauce

Fresh garlic and fresh chilli stir fried together to make a Chinese favourite dish

Szechuan Style

A rich spicy and tangy sauce with mixed bell peppers

Malaysian Peanut Satay Sauce

Thick and full flavoured satay sauce with a strong hint of spices and peanuts

Toasted Cashew Nuts

Whole cashew nuts in a light garlic sauce

Mangetout and Cashew Nuts

Toasted cashew nuts with fresh mangetout in a garlic sauce

Ginger and Spring Onions

Light, delicate sauce complimented with fresh ginger and spring onions, perfect for any seafood dish

Seasonal Chinese Greens in Oyster Sauce

Chinese leaves, broccoli, mange tout and asparagus in a rich oyster sauce

Asparagus in Garlic and Oyster Sauce

Asparagus in a delicate garlic and oyster sauce

Baby Spinach and Sesame Seeds

Fresh baby spinach in a light garlic sauce

Pineapple and Pickled Ginger

Pickled fresh ginger and sweet pineapple in a light sweet sauce

Kung Po Style

Tangy sauce with a hint of chillies, cooked with bamboo shoots and toasted cashew nuts

Peking Style

Classic, sweet and tangy sauce

CHEF SPECIALS

Duck with Prawn Stuffing <i>Roast Canton Duck with minced King Prawns in garlic oyster sauce or Black Bean sauce</i>	£8.20
Mongolian Lamb <i>New Zealand lamb stir fried with bell peppers and bamboo shoots in coconut cream and oriental spices</i>	£6.30
Beijing Chicken <i>Crisp fillet of chicken in tangy spring onion sauce</i>	£6.20
Braised Aubergine with Minced King Prawn Stuffing in Garlic Oyster Sauce	£7.80
Mixed Seafood with Asparagus in XO Sauce <i>XO sauce is a savoury chilli sauce derived from expensive ingredients such as sundried scallops, shrimps and Chinese golden ham, its value is comparable to XO Champagne Brandy</i>	£8.80
Garlic Marinated Beef with Asparagus in XO Sauce	£7.00
Stir fried New Zealand Mussels in Thai Green Curry	£6.90
Thai Sweet and Sour <i>Classic oriental dish with a Thai spicy twist. Choice of:</i>	
<i>Crispy Chicken Fillets</i>	£5.80
<i>Mixed Meat</i>	£7.20
<i>Crispy Pork</i>	£5.80
<i>Crispy King Prawns</i>	£7.20
Thai Tom Yum Seafood <i>Thailand's infamous dish made with lemongrass, kaffir lime leaves, galangal, fish sauce and ground chilli peppers</i>	£8.80

VEGETARIAN DISHES

(please also see Buddha Stir Fries)

Baby Spinach with Toasted Sesame Seeds in Garlic Sauce ♻️	£5.50	Braised Aubergines in Garlic and Chilli Sauce ♻️	£5.50
Monks Vegetables ♻️ <i>Mangetout, tofu, Chinese fungus and baby sweetcorn in a delicate oyster sauce</i>	£5.50	Three Treasure Mushrooms ♻️ <i>Shitake, straw mushrooms and button mushrooms medley in oyster sauce</i>	£5.80
Buddha Vegetables ♻️ <i>Sweet Pak choi, asparagus, Chinese mushrooms, in garlic oyster sauce</i>	£5.80	Sweet Pak Choi in Garlic Sauce ♻️	£5.80
Braised Aubergines in Black Bean Sauce ♻️	£5.50	Mixed Vegetable Medley in Oyster Sauce ♻️	£5.20

RICES

These are accompaniments to your main meal or as a complete meal. Unless stated, please choose either black bean sauce, garlic & chilli sauce, oyster sauce or dry

House special fried rice	£6.80
<i>Sliced chicken, roast pork and king prawns stir fried</i>	
Singapore Style fried rice (dry)	£6.20
<i>Diced chicken, roast pork and shrimps stir fried in a mild curry powder</i>	
Yeung Chow fried rice (dry)	£6.20
<i>Diced king prawns, roast pork and shrimps</i>	
Thai spicy chicken fried rice (dry)	£6.80
<i>Sliced chicken stir fried in a Thai sweet chilli sauce</i>	
Thai spicy seafood fried rice (dry)	£7.80
<i>Diced king prawns, scallops and squid stir fried in a Thai sweet chilli sauce</i>	
Seafood XO Style fried rice (dry)	£8.80
<i>Diced king prawns, scallops and squid stir fried in a special seafood sauce</i>	
Shredded duck fried rice	£6.80
Chicken fried rice	£6.20
Roast pork fried rice	£6.20
Beef fried rice	£6.20
King prawn fried rice	£7.20
Mixed vegetable fried rice 	£6.20
Vegetable Singapore Style fried rice (dry) 	£6.20
Egg fried rice (dry) 	£2.40
Boiled rice (dry) 	£2.20

NOODLES

These are accompaniments to your main meal or as a complete meal. Unless stated, please choose either black bean sauce, garlic and chilli sauce, oyster sauce or dry

House special chow mein	£7.00
<i>Sliced chicken, roast pork and king prawns stir fried</i>	
Singapore Style vermicelli noodles (dry/vermicelli noodles)	£6.20
<i>Diced chicken, roast pork and shrimps stir fried in a mild curry powder</i>	
Shredded duck vermicelli noodles (dry/vermicelli noodles)	£6.80
Shredded duck chow mein	£6.90
Chicken chow mein	£6.20
Roast pork chow mein	£6.20
Beef chow mein	£6.20
King prawn chow mein	£7.20
Mixed Vegetable chow mein 	£6.00
Vegetable Singapore vermicelli noodles (dry/vermicelli noodles) 	£6.00
Pan fried egg noodles (dry) 	£3.20

BOTTLES

£2.50 for 1.5litres
Coke / Diet Coke

CANS

£0.95 for 330ml
Coke / Diet Coke / Mango Rubicon

PURBECKS ICE CREAM

£1.80 per tub

- Vanilla Bean
A natural classic with ground Madagascan Vanilla Bean pods and seeds
- Real Chocolate
Real ground chocolate with chunky Belgium chocolate chunks
- Strawberry
Pure and natural, a strawberry heaven of ice cream and strawberry pieces
- Mango Mardi Sorbet
A tropical delight, full in flavour with no added colour

LAUGHING BUDDHA BANQUETS

Our banquets are totally flexible and can be adjusted to suit all numbers,
from a 2 people to a party of 20

Our Creativity can cater for vegetarians, seafood lovers, meat eaters
and many other special dietary requirements.

BUDDHA BANQUET A

£11.80 per person

APPETISER 1

Gourmet Platter of:

Crispy Seaweed topped with Deep Fried Fish 🍷

Crispy Chicken Spring Rolls

Barbecue Honey Glazed Ribs

APPETISER 2

Minced Chicken and Sweetcorn Soup

Vietnamese Prawn Crackers

MAIN MEAL

For 2 People :

Roast Pork in Black Bean Sauce

Crispy Chicken Fillets Kung Po Style

Egg Fried Rice 🍷

For 3 People :

King Prawns with Ginger and Spring Onions

For 4 People :

New Zealand Lamb in Black Pepper Sauce

BUDDHA BANQUET B

£15.00 per person

APPETISER 1

Gourmet Platter of:

Crispy Seaweed topped with Deep Fried Fish 🍷

Crispy Chicken Spring Rolls

Barbecue Honey Glazed Ribs

APPETISER 2

Minced Chicken and Sweetcorn Soup

Vietnamese Prawn Crackers

APPETISER 3

Crispy Aromatic Duck served with Pancakes and Hoi-sin Sauce

MAIN MEAL

For 2 People :

Mongolian Lamb

King Prawns in Garlic and Chilli Sauce

Egg Fried Rice 🍷

For 3 People :

Fillet Steak in Peking Sauce

For 4 People :

Crispy Chicken Fillets Kung Po Style

PROMOTIONAL OFFERS

EARLY BIRD OFFER

(Sunday - Thursday, Available from 5pm to 7pm)

Soup & Main Course - £9.95

Starter & Main Course - £11.95

Soup, Starter & Main Course - £13.95

PRE-BOOKED PARTY BOOKINGS OFFER FOR EVENINGS WITH 8 PEOPLE OR MORE

(Sunday - Thursday)

Receive 2 bottles of Recommended House Wines

or

8 Bottles of Tiger Beer

DRINKS OFFER

(Sunday - Thursday)

Buy 2 large glasses of wine and get the rest of the bottle free

BANQUET OFFER

(Sunday - Thursday, Available All Day)

Free glass of wine for every Buddha Banquet ordered (choice of 4)

FOR MORE DETAILS ON ALL OUR OFFERS, PLEASE VISIT OUR WEBSITE

WWW.LAUGHINGBUDDHADIDSBURY.COM

DELIVERY TIMES

We aim to deliver within the hour. However, during busy periods this MAY be longer but you will be notified by the team. Please note: you will save more time if meals are collected.

PAYMENT

Cash or credit/debit card payments over the phone.

HEALTHY EATING

We have a policy to use fresh locally farmed products specially hand picked personally daily. Where possible we use healthy produce and oils that are low in polyunsaturated fats.

PRICING

All prices are correct at the time of going to press but may be subject to change without prior notice. Our takeaway menu is equivalent to roughly 25%-40% cheaper than our dining in menu therefore offering restaurant quality food to your doorstep at a fraction of the cost.