



“A truly fine meal  
is enjoyed not once  
but three times;  
in anticipation,  
in consumption  
and in remembrance.”

## THE LAUGHING BUDDHA

Restaurant Quality Food To Your Doorstep

782 Wilmslow Road, Didsbury, Manchester. M20 2DR

**0161 434 7688**

**Free delivery** for orders over £15 & within a 2 mile radius

Orders under £15 will be subjected to a £2 delivery charge  
& is up to the manager's discretion dependant on busier periods.  
(Under £15 delivery orders not available weekends)

### OPENING & DELIVERY TIMES

**Monday - Thursday** 5pm to 11pm  
*Delivery till 10.30pm*

**Friday - Saturday** 5pm to 12am  
*Delivery till 11.00pm*

**Sunday** 5pm to 10.30pm  
*Delivery till 10.15pm*

[www.thelaughingbuddhadidsbury.com](http://www.thelaughingbuddhadidsbury.com)

# STARTER PLATTERS

Can't decide what to start with?

These platters are designed to give you a bit of variety but plenty of quality.

<b>Laughing Buddha Platter (min 2 people)</b> <i>Salt and pepper spare ribs</i> <i>Crispy chicken spring rolls</i> <i>Thai Fishcakes</i> <i>Skewered chicken in Malaysian peanut satay sauce</i> <i>Crispy seaweed</i>	£7.00 per person	<b>Seafood Platter (min 2 people)</b> <i>Crispy King Prawn Rolls</i> <i>Salt and pepper Squid</i> <i>Thai Fishcakes</i> <i>Minced King Prawns on Toast</i> <i>Crispy Seaweed</i>	£8.50 per person
<b>Gourmet Platter (min 2 people)</b> <i>Minced King prawns on Toast</i> <i>Honey glazed Barbecued Spare Ribs</i> <i>Crispy chicken spring rolls</i> <i>King prawn wontons</i> <i>Crispy seaweed</i>	£6.50 per person	<b>Vegetarian Platter (single orders are welcome) ❶</b> <i>Crispy Vegetable Spring Rolls</i> <i>Skewered Vegetarian Mock chicken in Malaysian peanut satay sauce</i> <i>Salt and Pepper Crispy Silken Tofu</i> <i>Crispy Seaweed</i>	£6.00 per person
		<b>Simply Steaming Dim Sum Platter (min 2 people)</b> <i>Har Kau</i> <i>Sui Mae</i> <i>Shanghai Pork Pies</i> <i>War Tip</i>	£6.20 per person

## SOUP

<b>Wonton Soup</b> <i>King prawn and pork dumplings in a clear broth</i>	£4.20
<b>Szechuan Hot and Sour Soup</b> <i>Sweet and spicy infused broth with Chinese roast pork, prawns and mixed vegetables</i>	£3.60
<b>Minced Chicken and Sweetcorn Soup</b>	£3.60
<b>Crabmeat and Sweetcorn Soup</b>	£3.80
<b>Seafood and Baby Spinach Soup</b>	£4.80
<b>Three Winter Soup ❶</b> <i>Clear broth with Chinese mushrooms, bamboo shoots and mangetout</i>	£3.40
<b>Sweetcorn and Egg Soup ❶</b>	£3.40
<b>Vegetarian Hot and Sour Soup ❶</b>	£3.40
<b>Thai Tom Yum Seafood Soup</b> <i>Thailand's most famous spicy and sour soup</i>	£4.80
<b>Thai Tom Yum Chicken Soup</b>	£4.00

## DIM SUM

<b>Crispy Chicken Spring Rolls</b>	£3.10
<b>Crispy Vegetable Spring Rolls ❶</b>	£3.00
<b>Crispy Aromatic Duck Spring Rolls</b>	£4.80
<b>Crispy King Prawn Rolls</b>	£3.50
<b>King Prawn Wontons</b>	£4.30
<b>Curry Samosas</b>	£2.80
<b>Crispy Fun Gor</b> <i>Deep fried pork dumplings</i>	£3.50
<b>Grilled War Tip with ginger vinegar</b> <i>Pork and chive dumplings</i>	£4.00
<b>Shanghai Pork Pie</b> <i>Steamed pork and vegetable dumplings</i>	£3.80
<b>Har Kau</b> <i>Steamed King Prawns in a white paper wrap</i>	£3.80
<b>Sui Mae</b> <i>Steamed pork and king prawn dumplings</i>	£3.60

# APPETISERS

Crispy Seaweed topped with deep fried fish <b>V</b>	£3.50	Crispy Aromatic Duck	Quarter	£7.90
King Prawns on Toast with sesame seeds	£5.00	<i>Served with fresh cucumber, spring onions, pancakes and hoi-sin sauce</i>	Half	£15.50
Crispy Chicken Balls with Thai Chilli Sauce	£5.50	Crispy Aromatic Vegetarian Duck <b>V</b>	Quarter	£7.50
Buddha Fishcakes with Thai Chilli Sauce	£5.20	<i>Marinated soya based "mock" duck deep fried and served with fresh cucumber, spring onions, pancakes and hoi-sin sauce</i>	Half	£14.00
<i>Minced cod fillets with coriander, spring onions and runner beans</i>		Crispy Aromatic Lamb		£7.80
Buddha Crab Claws	£7.80	<i>Marinated New Zealand Lamb deep fried and shredded, served with cucumber, spring onions, pancakes and hoi-sin sauce</i>		
<i>Minced king prawns enveloping crab claws in a light crispy breadcrumb</i>		Malaysian Skewers		
Chicken Wings in Peking Sauce	£5.00	<i>Meat/Vegetables marinated in Lobo seasoning, grilled and served with a rich piquant Malaysian peanut satay sauce:</i>		
Thai Style Chicken Wings	£5.00	<i>Chicken Fillets</i>	£5.20	<i>King Prawns</i>
Chicken in Lettuce Wrap	£5.90	<i>Silken Tofu</i> <b>V</b>	£4.80	<i>Vegetarian "Mock" Chicken</i> <b>V</b>
<i>Minced chicken and vegetables topped with toasted vermicelli and served with fresh lettuce and hoi-sin sauce</i>				
Thai Style Chicken in Lettuce Wrap	£6.20			
Minced Vegetables in Lettuce Wrap <b>V</b>	£5.90			
Vietnamese Prawn Crackers	£2.00			
Stuffed Mushrooms	£6.20			
<i>Minced king prawns stuffed in mushrooms with garlic and chilli dressing</i>				
		Salt and Pepper Style		
		<i>Ground toasted black peppercorns, bell peppers, onions and fresh chilli, stir fried with:</i>		
		<i>Crispy Chicken</i>	£5.50	<i>King Prawns</i>
		<i>Spare Ribs</i>	£5.90	<i>Squid</i>
		<i>Crispy Silken Tofu</i> <b>V</b>	£4.80	<i>Vegetarian "Mock" Chicken</i> <b>V</b>
		<i>Chicken Wings</i>	£5.00	

# SPARE RIBS

Barbecue Honey Glazed Spare Ribs	£5.90
Salt and Pepper Spare Ribs	£5.90
Peking Style Spare Ribs	£5.90
Thai Style Spare Ribs	£5.90
Szechuan Style Spare Ribs	£5.90

# BUDDHA STIR FRIES

Please choose an option of meat, seafood or vegetarian,  
followed by a Sauce Style for it to be cooked in

## MEAT

Velveting Chicken Fillets <i>Or crispy chicken pieces</i>	£5.50	Crispy Shredded Beef	£5.90	Fillet Steak	£7.50
Char Siu Roast Pork <i>Or crispy pork</i>	£5.50	Roasted Canton Duck	£6.80	Mixed Meat <i>Chicken fillets, roast pork, king prawns</i>	£7.00
Garlic Marinated Beef	£5.50	New Zealand Lamb	£6.20		

## VEGETARIAN

Mixed Vegetables <b>V</b>	£5.50
Vegetarian Mock Chicken <b>V</b>	£5.50
Crispy Silken Tofu <b>V</b>	£5.50
Vegetarian Mock Duck <b>V</b>	£5.80

## SEAFOOD

Sea Champion King Prawns	£7.00
Sea King Scallops	£8.00
Fresh Squid	£6.50
Crispy Fillets of Cod	£6.20
Mixed Seafood <i>King prawns, fresh squid, scallops</i>	£7.20

# SAUCE STYLES

## Mixed Bell Peppers in Black Bean Sauce

*The powerful savoury flavour of fermented black beans complimented with red and green peppers and garlic. Ask for extra red chillies to give an extra bite*

## Sweet and Sour Sauce

*Marinated meat in a light batter, stir fried in this classic sauce*

## Yellow Bean Sauce

*Crushed fermented soya beans with toasted cashew nuts*

## Black Pepper Sauce

*Freshly ground black pepper is behind this hot sauce with bell peppers and spring onions*

## Thai Red Curry

*Thailand's classic red curry with aubergines flavoured with red chillies, lime leaves, sweet basil in a succulent spicy red curry paste with coconut milk cream*

## Thai Green Curry

*Thailand's famous green curry with aubergines, flavoured with green chillies, lime leaves, sweet basil all in a spicy green curry paste with coconut milk cream*

## Buddha Curry

*Rich, mild oriental curry with strong essences of star aniseed and garlic*

## Garlic and Chilli Sauce

*Fresh garlic and fresh chilli stir fried together to make a Chinese favourite dish*

## Szechuan Style

*A rich spicy and tangy sauce with mixed bell peppers*

## Malaysian Peanut Satay Sauce

*Thick and full flavoured satay sauce with a strong hint of spices and peanuts*

## Toasted Cashew Nuts

*Whole cashew nuts in a light garlic sauce*

## Mangetout and Cashew Nuts

*Toasted cashew nuts with fresh mangetout in a garlic sauce*

## Ginger and Spring Onions

*Light, delicate sauce complimented with fresh ginger and spring onions, perfect for any seafood dish*

## Seasonal Chinese Greens in Oyster Sauce

*Chinese leaves, broccoli, mange tout and asparagus in a rich oyster sauce*

## Asparagus in Garlic and Oyster Sauce

*Asparagus in a delicate garlic and oyster sauce*

## Baby Spinach and Sesame Seeds

*Fresh baby spinach in a light garlic sauce*

## Pineapple and Pickled Ginger

*Pickled fresh ginger and sweet pineapple in a light sweet sauce*

## Kung Po Style

*Tangy sauce with a hint of chillies, cooked with bamboo shoots and toasted cashew nuts*

## Peking Style

*Classic, sweet and tangy sauce*

# CHEF SPECIALS

<b>Duck with Prawn Stuffing</b> <i>Roast Canton Duck with minced King Prawns in garlic oyster sauce or Black Bean sauce</i>	£8.20
<b>Mongolian Lamb</b> <i>New Zealand lamb stir fried with bell peppers and bamboo shoots in coconut cream and oriental spices</i>	£6.30
<b>Beijing Chicken</b> <i>Crisp fillet of chicken in tangy spring onion sauce</i>	£6.20
<b>Braised Aubergine with Minced King Prawn Stuffing in Garlic Oyster Sauce</b>	£7.80
<b>Mixed Seafood with Asparagus in XO Sauce</b> <i>XO sauce is a savoury chilli sauce derived from expensive ingredients such as sundried scallops, shrimps and Chinese golden ham, its value is comparable to XO Champagne Brandy</i>	£8.80
<b>Garlic Marinated Beef with Asparagus in XO Sauce</b>	£7.00
<b>Stir fried New Zealand Mussels in Thai Green Curry</b>	£6.90
<b>Thai Sweet and Sour</b> <i>Classic oriental dish with a Thai spicy twist. Choice of:</i>	
<i>Crispy Chicken Fillets</i>	£5.80
<i>Mixed Meat</i>	£7.20
<i>Crispy Pork</i>	£5.80
<i>Crispy King Prawns</i>	£7.20
<b>Thai Tom Yum Seafood</b> <i>Thailand's infamous dish made with lemongrass, kaffir lime leaves, galangal, fish sauce and ground chilli peppers</i>	£8.80

# VEGETARIAN DISHES

(please also see Buddha Stir Fries)

<b>Baby Spinach with Toasted Sesame Seeds in Garlic Sauce</b> ♻️	£5.50	<b>Braised Aubergines in Garlic and Chilli Sauce</b> ♻️	£5.50
<b>Monks Vegetables</b> ♻️ <i>Mangetout, tofu, Chinese fungus and baby sweetcorn in a delicate oyster sauce</i>	£5.50	<b>Three Treasure Mushrooms</b> ♻️ <i>Shitake, straw mushrooms and button mushrooms medley in oyster sauce</i>	£5.80
<b>Buddha Vegetables</b> ♻️ <i>Sweet Pak choi, asparagus, Chinese mushrooms, in garlic oyster sauce</i>	£5.80	<b>Sweet Pak Choi in Garlic Sauce</b> ♻️	£5.80
<b>Braised Aubergines in Black Bean Sauce</b> ♻️	£5.50	<b>Mixed Vegetable Medley in Oyster Sauce</b> ♻️	£5.20

# RICES

These are accompaniments to your main meal or as a complete meal. Unless stated, please choose either black bean sauce, garlic & chilli sauce, oyster sauce or dry

House special fried rice	£6.80
<i>Sliced chicken, roast pork and king prawns stir fried</i>	
Singapore Style fried rice (dry)	£6.20
<i>Diced chicken, roast pork and shrimps stir fried in a mild curry powder</i>	
Yeung Chow fried rice (dry)	£6.20
<i>Diced king prawns, roast pork and shrimps</i>	
Thai spicy chicken fried rice (dry)	£6.80
<i>Sliced chicken stir fried in a Thai sweet chilli sauce</i>	
Thai spicy seafood fried rice (dry)	£7.80
<i>Diced king prawns, scallops and squid stir fried in a Thai sweet chilli sauce</i>	
Seafood XO Style fried rice (dry)	£8.80
<i>Diced king prawns, scallops and squid stir fried in a special seafood sauce</i>	
Shredded duck fried rice	£6.80
Chicken fried rice	£6.20
Roast pork fried rice	£6.20
Beef fried rice	£6.20
King prawn fried rice	£7.20
Mixed vegetable fried rice 	£6.20
Vegetable Singapore Style fried rice (dry) 	£6.20
Egg fried rice (dry) 	£2.40
Boiled rice (dry) 	£2.20

# NOODLES

These are accompaniments to your main meal or as a complete meal. Unless stated, please choose either black bean sauce, garlic and chilli sauce, oyster sauce or dry

House special chow mein	£7.00
<i>Sliced chicken, roast pork and king prawns stir fried</i>	
Singapore Style vermicelli noodles (dry/vermicelli noodles)	£6.20
<i>Diced chicken, roast pork and shrimps stir fried in a mild curry powder</i>	
Shredded duck vermicelli noodles (dry/vermicelli noodles)	£6.80
Shredded duck chow mein	£6.90
Chicken chow mein	£6.20
Roast pork chow mein	£6.20
Beef chow mein	£6.20
King prawn chow mein	£7.20
Mixed Vegetable chow mein 	£6.00
Vegetable Singapore vermicelli noodles  (dry/vermicelli noodles)	£6.00
Pan fried egg noodles (dry) 	£3.20

# BOTTLES

£2.50 for 1.5litres  
Coke / Diet Coke

# CANS

£0.95 for 330ml  
Coke / Diet Coke / Mango Rubicon

# PURBECKS ICE CREAM

£1.80 per tub

## Vanilla Bean

*A natural classic with ground Madagascan Vanilla Bean pods and seeds*

## Real Chocolate

*Real ground chocolate with chunky Belgium chocolate chunks*

## Strawberry

*Pure and natural, a strawberry heaven of ice cream and strawberry pieces*

## Mango Mardi Sorbet

*A tropical delight, full in flavour with no added colour*

# LAUGHING BUDDHA BANQUETS

Our banquets are totally flexible and can be adjusted to suit all numbers,  
from a 2 people to a party of 20

Our Creativity can cater for vegetarians, seafood lovers, meat eaters  
and many other special dietary requirements.

## BUDDHA BANQUET A

£11.80 per person

### APPETISER 1

Gourmet Platter of:

*Crispy Seaweed topped with Deep Fried Fish* 🍷

*Crispy Chicken Spring Rolls*

*Barbecue Honey Glazed Ribs*

### APPETISER 2

*Minced Chicken and Sweetcorn Soup*

*Vietnamese Prawn Crackers*

### MAIN MEAL

For 2 People :

*Roast Pork in Black Bean Sauce*

*Crispy Chicken Fillets Kung Po Style*

*Egg Fried Rice* 🍷

For 3 People :

*King Prawns with Ginger and Spring Onions*

For 4 People :

*New Zealand Lamb in Black Pepper Sauce*

## BUDDHA BANQUET B

£15.00 per person

### APPETISER 1

Gourmet Platter of:

*Crispy Seaweed topped with Deep Fried Fish* 🍷

*Crispy Chicken Spring Rolls*

*Barbecue Honey Glazed Ribs*

### APPETISER 2

*Minced Chicken and Sweetcorn Soup*

*Vietnamese Prawn Crackers*

### APPETISER 3

*Crispy Aromatic Duck served with Pancakes and Hoi-sin Sauce*

### MAIN MEAL

For 2 People :

*Mongolian Lamb*

*King Prawns in Garlic and Chilli Sauce*

*Egg Fried Rice* 🍷

For 3 People :

*Fillet Steak in Peking Sauce*

For 4 People :

*Crispy Chicken Fillets Kung Po Style*

# PROMOTIONAL OFFERS

## EARLY BIRD OFFER

(Sunday - Thursday, Available from 5pm to 7pm)

*Soup & Main Course - £9.95*

*Starter & Main Course - £11.95*

*Soup, Starter & Main Course - £13.95*

## PRE-BOOKED PARTY BOOKINGS OFFER FOR EVENINGS WITH 8 PEOPLE OR MORE

(Sunday - Thursday)

*Receive 2 bottles of Recommended House Wines*

*or*

*8 Bottles of Tiger Beer*

## DRINKS OFFER

(Sunday - Thursday)

*Buy 2 large glasses of wine and get the rest of the bottle free*

## BANQUET OFFER

(Sunday - Thursday, Available All Day)

*Free glass of wine for every Buddha Banquet ordered (choice of 4)*

**FOR MORE DETAILS ON ALL OUR OFFERS, PLEASE VISIT OUR WEBSITE**

**[WWW.LAUGHINGBUDDHADIDSBURY.COM](http://WWW.LAUGHINGBUDDHADIDSBURY.COM)**

### **DELIVERY TIMES**

*We aim to deliver within the hour. However, during busy periods this MAY be longer but you will be notified by the team. Please note: you will save more time if meals are collected.*

### **PAYMENT**

*Cash or credit/debit card payments over the phone.*

### **HEALTHY EATING**

*We have a policy to use fresh locally farmed products specially hand picked personally daily. Where possible we use healthy produce and oils that are low in polyunsaturated fats.*

### **PRICING**

*All prices are correct at the time of going to press but may be subject to change without prior notice. Our takeaway menu is equivalent to roughly 25%-40% cheaper than our dining in menu therefore offering restaurant quality food to your doorstep at a fraction of the cost.*