

## Chef Specials

20. Beijing Chicken £5.80  
- a crispy fillet of chicken cooked in a tangy spring onion sauce.
21. Mongolian Lamb £6.00  
- stir fried lamb fillets with bell peppers, bamboo-shoots in coconut cream and oriental spices.
22. Duck with Minced Prawn Stuffing £7.50  
- shanghai duck stuffed with minced king prawns in choice of sauce :  
black bean sauce  
garlic oyster sauce
23. Fresh Scallops Stuffed with King Prawns £8.50  
- choice of sauce :  
black bean sauce  
garlic oyster sauce
24. Braised Aubergine Stuffed with King Prawns £7.50  
- choice of sauce :  
black bean sauce  
garlic oyster sauce
25. Thai Sweet & Sour  
- spicy remake of an oriental classic cooked with either :  
chicken £5.80  
pork £5.80  
king prawn £6.80  
combo £6.80
26. Ma-Po Tofu  
- translated as pockmarked grandmothers bean curd, highly aromatic flavours of spicy hot bean with a choice of mixed seafood £7.50  
- or with beef £6.00
27. Jar-Har-Gow £7.50  
- pan fried minced king prawns on a bed of sweet pak-choi in garlic oyster sauce
28. Hoi-Sin XO Style £7.50  
- fresh king prawns, scallops & squid stir fried in spicy xo sauce
29. Cow-Yut XO Style £6.50  
- sliced beef, mange tout, asparagus & spring onions
30. New Zealand Mussels £6.80  
- stir-fried in choice of sauce :  
garlic sauce  
black bean sauce  
garlic & chilli

## Vegetable Dishes (Main Course Size)

- these dishes are available for accompaniments to your meal and also main courses for vegetarians.

34. Garlic Baby Spinach with Toasted Sesame Seeds £5.00  
35. Monks Vegetables £5.50  
36. Asparagus & Sweet Pak-Choi and Chinese Mushroom in Garlic Oyster Sauce £5.50  
37. Braised Aubergines in Black Bean Sauce £5.00  
38. Braised Aubergines in Garlic & Chilli Sauce £5.00  
39. Pak-Choi in Garlic & Chilli Sauce £5.00  
40. Mixed Seasonal Chinese Greens in Garlic Oyster Sauce £5.00  
41. Three Treasure Mushrooms £5.80  
- shitake, portabella & straw mushrooms stir fried in oyster sauce with spring onions.  
42. Thai Cucumber in Sweet & Chilli Relish £5.00  
43. Mixed Seasonal Chinese Greens in Black Bean Sauce £5.00  
44. Choi-Sum in Garlic Sauce £5.50

## Fried Rice Dishes

- delicious as a complete meal or as an accompaniment.

45. Singapore Style Fried Rice £5.80  
46. Fu-Kien Style Fried Rice £6.50  
47. XO Style Fried Rice £7.00  
48. Yeung Chow Fried Rice £5.80  
49. Thai Spicy Seafood Fried Rice £7.00  
50. Thai Spicy Chicken Fried Rice £6.50  
51. Mixed Vegetable Fried Rice £5.80  
52. Mixed Vegetables Singapore Style Fried Rice £5.80  
53. Mixed Vegetables XO Style Fried Rice £6.00  
54. House Special Fried Rice £6.50  
55. Egg Fried Rice £2.40  
56. Boiled Rice £2.20

## Noodle Bar

57. House Special chow Mein in Black Bean Sauce £6.50  
58. Pan Fried Special Chow Mein £6.50  
59. House Special Chow Mein in Garlic Oyster Sauce £6.50  
60. chicken chow mein £5.80  
61. roast pork chow mein £5.80  
62. beef chow mein £5.80  
63. king prawn chow mein £6.80  
64. Singapore Style Vermicelli Noodles £6.00  
65. Mixed Vegetables Singapore Style Vermicelli Noodles £5.80  
66. ha moon style vermicelli noodles £6.00  
67. pan fried egg noodles £2.80

## Set dinners

£10.95 PER PERSON

Chicken and sweetcorn soup  
Vietnamese prawn crackers

Crispy seaweed  
Crispy chicken mini spring rolls  
Barbecue honey glazed ribs

### For 2 persons:

Sweet and sour pork  
Beef in blackbean sauce  
Egg fried rice

### For 3 persons as above :

Chicken in garlic and chilli sauce

### For 4 persons as above :

Mongolian stir fry lamb

## Drinks

- Bottle of Coke / Diet Coke / Lemonade £1.95  
Cans of Coke / Diet Coke £0.90

## Delivery Time

We aim to always deliver within the hour. However if it will take longer, you will always be notified.

**Free Delivery to orders over fifteen pounds and within a two mile radius**

## Payment

Payment is accepted by credit/debit card over the phone with verification on delivery or cash. Some credit cards may incur a charge.

## Allergies

Some of our dishes may contain traces of nuts. Please ask our telephonists for information.

## Opening Times

MONDAY	Closed	5.00pm - 11.00pm
TUESDAY	Closed	5.00pm - 11.00pm
WEDNESDAY	Closed	5.00pm - 11.00pm
THURSDAY	Closed	5.00pm - 11.00pm
FRIDAY	Closed	5.00pm - 11.45pm
SATURDAY	Closed	5.00pm - 11.45pm
SUNDAY	Closed	5.00pm - 10.30pm

## Healthy Eating

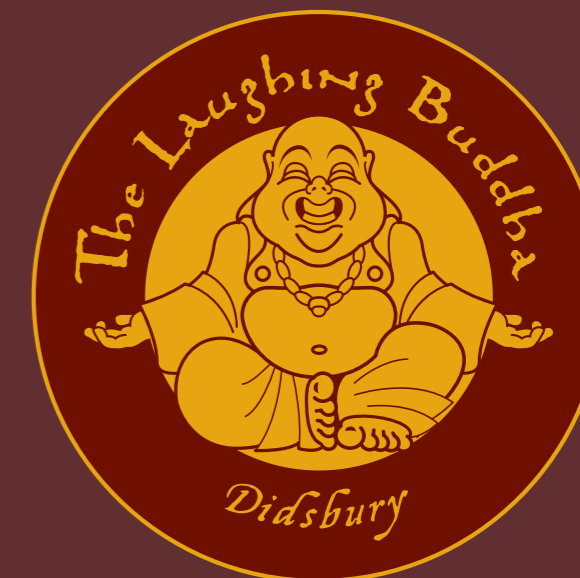
We have a policy to use fresh locally farmed ingredients specially selected by us everyday. Where possible we use healthy produce and oils that are low in polyunsaturated fats.

## Pricing

All prices in this menu are correct at time of going to press but may be subject to change without prior notice.

Restaurant • Takeaway • Delivery

# Authentic Oriental Cuisine



The Laughing Buddha

782 Wilmslow Rd • Didsbury • Manchester • Lancashire M20 2DJ

0161 434 7688

www.thelaughingbuddhadidsbury.co.uk

**FREE** Delivery service on orders over £15  
within a two mile radius

## Appetizers

- |   |       |
|---|-------|
| 1. Crispy Seaweed   | £3.50 |
| - deep fried cabbage topped with deep fried fish.   |       |
| 2. King Prawns on Toast(4)  | £4.50 |
| - minced king prawns deep fried on toast topped with sesame seeds.  |       |
| 3. Stuffed Crab - Claws(2)  | £6.50 |
| - king prawns stuffed in crab claws, deep fried in light breadcrumb, served with Thai sweet chilli sauce.   |       |
| 4. Crispy Chicken Mini Spring Rolls(4)  | £2.90 |
| - served with sweet & sour sauce and Thai sweet chilli sauce.   |       |
| 5. King Prawn Mini Roll(4)  | £3.20 |
| - served with sweet & sour sauce and Thai sweet chilli sauce.   |       |
| 6. Crispy Curry Samosas(6)  | £2.80 |
| - served with sweet & sour sauce and Thai sweet chilli sauce.   |       |
| 7. Crispy King Prawn Won Tons(6)  | £4.00 |
| - served with sweet & sour sauce and Thai sweet chilli sauce.   |       |
| 8. Vegetarian Spring Rolls(4)   | £2.90 |
| - served with sweet & sour sauce and Thai sweet chilli sauce.   |       |
| 9. Deep Fried Fun Gor(4)  | £3.50 |
| - deep fried dumplings with minced pork and bamboo-shoots, served with Thai sweet chilli sauce.   |       |
| 10. Deep Fried Chicken Balls(8)   | £4.50 |
| - fillets of chicken coated in breadcrumb, served with Thai sweet chilli sauce and sweet & sour sauce.  |       |
| 11. Vietnamese Prawn Crackers   | £2.00 |
| 12. Chicken in Lettuce Wraps(for 2 to share)  | £5.80 |
| - minced chicken and seasonal vegetables topped with toasted vermicelli noodles, with fresh make-your-own lettuce wraps.  |       |
| Thai version also available   |       |
| 13. Crispy Aromatic Duck  | £5.80 |
| - Shanghai duck marinated in star aniseed, szechuan red peppercorns, cloves and cinnamon sticks, deep fried and served with pancakes, fresh spring onions and cucumber and hoi-sin sauce. |       |
| 1/4 = £8.00   |       |
| 1/2 = £15.00  |       |
| 14. Crispy Aromatic Lamb  | £7.80 |
| - marinated New Zealand lamb, deep fried and served with pancakes, fresh spring onions and cucumber and hoi-sin sauce.  |       |
| 15. Wor Tip(4)  | £4.00 |
| - pan fried pork dumplings  |       |
| 16. Thai Fishcake(4)  | £5.50 |
| - coriander, spring onions, diced runner bean.  |       |
| 17. King Prawns Stuffed in Cucumber in Oyster Sauce(4)  | £5.00 |
| 18. Stuffed Portabella Mushrooms  | £5.50 |
| - minced king prawns stuffed in portabella mushroom, pan fried and served with garlic oyster sauce or black bean sauce.   |       |
| 19. Minced Vegetables in Lettuce Wraps(for 2 to share)  | £5.80 |
| - minced seasonal greens stir fried in garlic oyster, topped with toasted vermicelli noodles, served with fresh make-your-own lettuce wraps.  |       |
| 20. Thai Minced Vegetables in Lettuce Wraps   | £5.80 |
| - a sweet & spicy version of minced vegetables.   |       |
| 21. King Prawns in Hanayuki Breadcrumbs(4)  | £5.80 |
| - served with Thai sweet chilli sauce.  |       |
| 22. Shanghai Pork Pies(4)   | £4.00 |
| - steamed pork and vegetable dumplings.   |       |
| 23. Har Kau(4)  | £4.00 |
| - steamed king prawns in white paper wrap.  |       |

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| 24. Sui Mae(4)   | £4.00                  |
| - steamed pork and king prawn dumplings.   |                        |
| 25. Mixed Bell Peppers Stuffed with King Prawns  | £5.50                  |
| 26. Aubergine Stuffed with King Prawns   | £5.50                  |
| 27. Malaysian Skewers (4 per person)   |                        |
| - served with a Malaysian peanut satay sauce.  |                        |
| Chicken  | £5.50                  |
| King Prawns  | £6.00                  |
| Tofu   | £5.00                  |
| Vegetarian Mock Chicken  | £5.50                  |
| Seasonal Vegetables(Mushroom, Green Pepper, Onions)  | £5.00                  |
| 28. Salt & Pepper Style  |                        |
| - ground toasted black peppercorns, bell peppers, onions & fresh chilli, stir fried with :                               |                        |
| Scallops   | £7.00                  |
| Squid  | £6.50                  |
| King Prawns  | £6.00                  |
| Ribs   | £5.80                  |
| Crispy Chicken   | £5.50                  |
| Chicken Wings  | £5.50                  |
| Vegetarian Mock Chicken  | £4.80                  |
| Tofu   | £5.20                  |
| 29. Crispy Aromatic Vegetarian Duck  | 1/4. £8.00 1/2. £15.00 |
| - marinated soya-based 'Mock' duck, deep fried and served with pancakes, fresh spring onions, cucumbers & hoi-sin sauce. |                        |
| 30. Peking Style Chicken Wings   | £4.80                  |
| - deep fried marinated chicken wings served in sweet peking sauce.   |                        |

## Combo Appetizers

minimum for 2 persons  
Served with Thai sweet chilli sauce and sweet & sour sauce.

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| <b>Gourmet Platter</b>   | £6.50p/p |
| honey-glazed ribs, king prawns on toast, chicken spring rolls, crispy seaweed.                                     |          |
| <b>Seafood Platter</b>   | £7.80p/p |
| king prawn rolls, king prawns on toast, skewered king prawn with satay sauce, crispy seaweed.                      |          |
| <b>Buddha Platter</b>  | £7.80p/p |
| chicken rolls, Thai fishcake, salt & pepper ribs, skewered chicken, crispy seaweed.                                |          |
| <b>Malaysian Platter</b>   | £6.50p/p |
| skewered chicken, king prawns, mixed vegetables, tofu.   |          |
| <b>Dim Sum Platter</b>   | £6.00p/p |
| har kau, sui mae, shanghai pork pie, wor tip.  |          |
| <b>Vegetarian Platter</b>  | £6.50p/p |
| vegetarian spring rolls, crispy seaweed, Malaysian skewered vegetarian chicken in satay sauce, salt & pepper tofu. |          |

## Spare Ribs

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|---|-------|
| 1. Salt & Pepper Spare Ribs                         | £5.80 |
| 2. Peking Style Spare Ribs                          | £5.80 |
| 3. Szechuan Style Spare Ribs                        | £5.80 |
| 4. Sweet & Sour Spare Ribs                          | £5.80 |
| 5. Thai Style Spare Ribs                            | £5.80 |
| 6. Barbecued Honey-glazed Spare Ribs                | £5.80 |
| 7. Spare ribs in Malaysian Style Peanut Satay Sauce | £5.80 |
| 8. Garlic Black Bean Spare Ribs                     | £5.80 |
| 9. Hoi-sin Spare Ribs                               | £5.80 |

## Soups

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|---|-------|
| 1. Won Ton Soup   | £4.20 |
| - meaning swallowing a cloud, these won ton are filled pork & king prawns in a clear broth. |       |
| 2. Szechuan Style Hot & Sour Soup   | £3.30 |
| - sweet & spicy in flavour cooked with pork, king prawns & mixed vegetables.                |       |
| 3. Chicken & Sweet Corn Soup  | £3.30 |
| - diced chicken with fresh sweet corns in classic recipe.                                   |       |
| 4. Three Winter Soup  | £3.30 |
| - a clear soup with Chinese mushrooms, bamboo shoots & mange tout.                          |       |
| 5. Chicken & Noodle Soup  | £3.80 |
| 6. Sweet Corn & Egg Soup  | £3.30 |
| 7. Vegetarian Szechuan Hot & Sour Soup  | £3.30 |
| 8. Tofu & Spinach Soup  | £3.30 |
| 9. Crabmeat & Sweet Corn Soup   | £3.80 |
| 10. Seafood & Spinach Soup  | £5.00 |

## Buddha Stir-Fries

Please choose an option of meat/seafood/veggie followed by the style to be cooked in :

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|---|-------|
| 1. Velveted Chicken Fillets                     | £5.20 |
| 2. Garlic Marinated Sliced Beef                 | £5.20 |
| 3. Char-Siu Roast Pork                          | £5.20 |
| 4. Sizzling New Zealand Lamb(served on sizzler) | £6.00 |
| 5. Crispy Chilli shredded Beef                  | £5.80 |
| 6. Fresh Squid                                  | £6.50 |
| 7. Sea-Champion King Prawns                     | £6.50 |
| 8. Sea-king Scallops                            | £7.00 |
| 9. Deep Fried Fillets of Cod                    | £6.00 |
| 10. Roasted Canton Duck                         | £6.50 |
| 11. Meat Combo-King Prawns, Chicken & Pork      | £6.50 |
| 12. Seafood Combo-King Prawns, Squid & Scallops | £6.80 |
| 13. Sizzling Fillet Steak                       | £6.80 |
| 14. Mixed Seasonal Vegetables                   | £5.00 |
| 15. Deep Fried Silken Tofu                      | £5.00 |
| 16. Vegetarian "Mock" Chicken                   | £5.50 |

## Sauce Style

-these sauces are also available as accompaniments to your meal at £2.50

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|---|--|
| 1. Mixed Bell Peppers in Black Bean Sauce   |  |
| - the powerful savoury flavour of fermented black beans complimented with red/green/yellow peppers with garlic. |  |
| 2. Buddha Curry - rich mild oriental curry with strong essences of star aniseed and garlic                      |  |
| 3. Ginger & Spring Onions   |  |
| - a light delicate sauce complimented with fresh ginger & spring onions.  |  |
| 4. Seasonal Chinese Greens in Oyster Sauce  |  |
| - chinese leaf, broccoli, mange tout & asparagus in a rich oyster sauce.  |  |
| 5. Kung Po Style  |  |
| - tangy sauce with a hint of chillis cooked with bamboo-shoots & toasted cashew nuts.                           |  |
| 6. Szechuan Style   |  |
| - a rich spicy & tangy sauce with mixed bell peppers.   |  |
| 7. Peking Style   |  |
| - classic sweet & tangy sauce.  |  |
| 8. Malaysian Peanut Satay   |  |
| - thick & full flavoured satay sauce with a strong hint of spices and peanuts.                                  |  |
| 9. Mange Tout & Cashew Nuts   |  |
| - toasted cashew nuts stir fried with fresh mange tout in a garlic sauce.                                       |  |
| 10. Pineapple & Ginger  |  |
| - pickled fresh ginger and sweet pineapple in a light sweet sauce.  |  |
| 11. Yellow Bean Sauce   |  |
| - crushed fermented soy beans with toasted cashewnuts.  |  |
| 12. Lemon & Honey Sauce(only available chicken/king prawn/duck)   |  |
| 13. Plum Sauce(only available chicken/lamb/duck)  |  |
| 14. Asparagus in Garlic Oyster Sauce  |  |
| - a delicate garlic in oyster sauce complimented by fresh asparagus.  |  |
| 15. Toasted Cashew Nuts   |  |
| - whole cashew nuts in a light garlic sauce.  |  |
| 16. Baby Spinach & Sesame Seeds   |  |
| - fresh baby spinach in a light garlic & chilli sauce.  |  |
| 17. Spicy Black Bean Sauce  |  |
| - the savoury flavour of salted black beans with fresh red chillies to give it extra bite.                      |  |
| 18. Black Pepper  |  |
| - freshly ground black pepper is behind this hot sauce with bell peppers and spring onions for accompaniment.   |  |
| 19. Sweet & Sour Sauce  |  |
| - marinated meat/vegetables cooked in a light batter then covered with classic sauce.                           |  |